

SOLIHULL & SMALL HEATH ATHLETIC CLUB

www.solihullac.co.uk

KEN DARE OPEN MEETING

(HELD UNDER THE RULES OF THE U.K.A. MCAA permit code 009/003)

SUNDAY 13th September 2009

TUDOR GRANGE SPORTS CENTRE, SOLIHULL

U11 Boys	75m	150m	600m		LJ	-	-	-
U13 Boys	100m	200m	800m		LJ	HJ	Shot	Discus
U15 Boys	100m	200m	800m		LJ	HJ	Shot	Discus
U17 Boys	100m	200m	400m	800m	LJ	HJ	Shot	Javelin
U11 Girls	75m	150m	600m		LJ	-	-	-
U13 Girls	75m	150m	800m		LJ	HJ	Shot	Discus
U15 Girls	100m	200m	800m		LJ	HJ	Shot	Javelin
U17 Girls	100m	200m	300m	800m	LJ	HJ	Shot	Discus

U11'S, U13'S & U15'S MAY ONLY COMPETE IN A MAXIMUM OF 3 EVENTS

U11 & U13 events: medals awarded to 1st, 2nd and 3rd

U15 & U17 events: medals awarded dependent on number of entries

£2.50 per EVENT or £6 for 3 EVENTS

CLOSING DATE FOR ENTRIES, 29th August 2009 (NO LATE ENTRIES ACCEPTED)

Entries stating Name, Address, Date of Birth, Age Group and Events to:-
V PAYNE, 4 KEMERTON WAY, SOLIHULL, WEST MIDLANDS B90 4XG

Cheques/P.O. payable to "Solihull and Small Heath A.C."

PLEASE ENCLOSE S.A.E. SIZE 9"X 6" FOR NUMBERS, TIMETABLE AND DIRECTIONS

SOLIHULL & SMALL HEATH A.C. KEN DARE OPEN MEETING 13th September 2009

Name: Date of Birth..... Age.....

Address:

.....Telephone:.....

E-Mail Address:

Event 1: U__ Boys / Girls..... Did you see this advertised :

Event 2: U__ Boys / Girls..... In AW

Event 3: U__ Boys / Girls..... Website

I am a member of Flyer at a meeting
(Athletic Club)

I attend (School/ College)

I enclose a 9"x 6"SAE and entry fee of £..... made payable to 'Solihull & Small Heath AC'